### **The Donaldson Trust**

(Note – Please state the name of the cereal(s) containing gluten\* and/or the name of the nut(s)†)



Dishes						.upin Flour	Milk		MUSTARD			MSAM		Beer
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	<b>√</b>			1	/		/		<b>/</b>					
Chicken Casserole														
Baked Potato														
Fish Fingers, Chips & Beans		1			1		1		1					
Quorn Nuggets, chips & beans		1		<b>√</b>			1							
Sausage & Waffles		1												
Lentil Soup	✓													
Pepperoni Pizza		1												
Cheese Pizza		1												

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Dishes					D.	Lupin Flour	Milk		MUSTARD					WE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Burger on a bun with coleslaw		1		1										
Veggie Burger		1												
Gammon Joint, Pineapple & Cube Potatoes														
Sausage roll, Chips & Beans		<b>✓</b>												
Cheese & Onion Pastie		1		1			<b>✓</b>							
Roast Beef & Potatoes														
Beef Chilli & Taco														
Veg Chilli														

Review date: 05/07/24

Reviewed by: L Dunbar, Cook, The Donaldson Trust



You can find this template, including more information at <a href="https://www.food.gov.uk/allergy-guidance">www.food.gov.uk/allergy-guidance</a>

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Dishes						Lupin Flour	Milk		MUSTARD			THE STATE OF THE S		Gase WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese		1					<b>✓</b>							
Chicken Goujons		1		✓										
Steak Pie		1					<b>√</b>						<b>√</b>	
Battered Fish					<b>√</b>		<b>√</b>		<b>✓</b>					
Omelette				✓										
Bread		1												
Bread / Morning Rolls		1												
Wraps		<b>✓</b>												
Panini		1												



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Dishes					D.	Lupin Flour	Milk		MUSTARD					Gas WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna					<b>√</b>									
Cheese							<b>√</b>							
Ham Panini		<b>✓</b>												
Cheese Panini		<b>✓</b>					1							
Tuna Panini		1		<b>✓</b>	1		1		1					
Ham Wrap		1												
Cheese Wrap		1					1							
Chicken Wrap		1		✓										
Egg Mayonnaise Roll		1		1			1		1					



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Dishes					D.	Lupin Flour	Milk		MUSTARD			THE STATE OF THE S		Gase WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Mayonnaise Roll		1		✓	✓		<b>✓</b>		<b>✓</b>					
Ham Sandwich		<b>✓</b>												
Garlic Bread		1					<b>√</b>							
Taco Shells		May contain wheat												
Square / Lorne Sausage		1											<b>✓</b>	1
Link Sausage		1											<b>√</b>	
Bacon														
Fried Egg				✓										
Egg Mayonnaise				✓			<b>✓</b>							



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Dishes					D.	Lupin Flour	Milk		MUSTARD					Gase WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Mayonnaise				1	1		1							
Chicken Mayonnaise				✓			<b>✓</b>							
Coleslaw				✓			<b>✓</b>							
Baked Beans														
Chips														
Wedges														
Yorkshire Pudding		1		1			1							
Gravy		1											✓	
Fromage Frais							1							



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Dishes					D.	Lupin Flour	Milk		MUSTARD					Gas WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							<b>\</b>							
Ice Cream							<b>\</b>							
Banana Cake		<b>✓</b>		✓										
Flap Jack		<b>✓</b>					<b>√</b>							
Carrot Cake		1		✓			<b>✓</b>							
Jelly Fruit Pot														
Rice Pudding							<b>✓</b>							
Sugar Free Jelly														
Kit Kat		1					✓							



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Dishes					D.	Lupin Flour	Milk		MUSTARD					WAS NOT
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Wagon Wheel		1					<b>✓</b>						1	
Tea Cakes		1		✓			<b>✓</b>						<b>√</b>	
Mars Bar		1		✓			<b>✓</b>			May contain	May contain		1	
Raisins														
Prawn Cocktail Crisps	✓	1					<b>√</b>		1					
Cheese & Onion Crisps	✓	1					<b>✓</b>		<b>✓</b>					
Salt & Vinegar Crisps	✓	1					<b>✓</b>		1					
Ready Salted Crisps	✓	1					<b>✓</b>		<b>✓</b>					
Knorr Vegetable Bullion	1													

